## WHAT IS CLAIMED IS:

- 1. A method of treating a mammal having a disorder comprising insufficient cartilage growth or insufficient skeletal growth, the method comprising administering to the mammal an amount of a tumor necrosis factor-related activation induced cytokine (TRANCE)inhibiting agent effective to increase cartilage growth or skeletal growth.
- 2. The method of claim 1, wherein the TRANCE-inhibiting agent is an antisense nucleic acid directed against a TRANCE RNA or a TRAF6 RNA.
- 3. The method of claim 2, wherein the antisense nucleic acid directed against a TRANCE RNA has the sequence of SEQ ID NO:17 or SEQ ID NO:18; and the antisense nucleic acid directed against the TRAF6 RNA has the sequence of SEQ ID NO:19.
- 4. The method of claim 2, wherein the antisense nucleic acid is administered locally at a site of insufficient cartilage growth or insufficient skeletal growth in the mammal.
- 5. The method of claim 1, wherein the disorder is selected from the group consisting of dwarfism, osteopetrosis, craniofacial-skeletal discrepancies, and bone or cartilage damage resulting from traumatic injury, surgery, osteoarthritis or rheumatoid arthritis.
- The method of claim 1, wherein the TRANCE-inhibiting agent is a TRANCEbinding molecule that sequesters TRANCE to form an inactive complex.
- 7. The method of claim 6, wherein the TRANCE-binding molecule is an anti-TRANCE antibody, or a TRANCE-binding fragment thereof.
- 8. The method of claim 6, wherein the TRANCE-binding molecule is an isolated RANK receptor, or a TRANCE-binding fragment thereof.
- 9. A method of treating a mammal having a disorder comprising excessive cartilage growth or excessive skeletal growth, the method comprising administering to the mammal an

amount of a tumor necrosis factor-related activation induced cytokine (TRANCE)-increasing agent effective to decrease cartilage growth or skeletal growth.

- 10. The method of claim 9, wherein the TRANCE-increasing agent is a polypeptide comprising a tumor necrosis factor (TNF) domain of a TRANCE protein.
- 11. The method of claim 10, wherein the polypeptide is locally administered at a site of excessive cartilage growth or excessive skeletal growth in the mammal.
- 12. The method of claim 10, wherein the polypeptide comprises the amino acid sequence of SEQ ID NO:3, SEQ ID NO:4, SEQ ID NO:5, SEQ ID NO:6, SEQ ID NO:7, or SEQ ID NO:8, but lacks the cytoplasmic domain and transmembrane domain, of human TRANCE.
- 13. The method of claim 10, wherein the polypeptide consists of SEQ ID NO:3, SEQ ID NO:4, SEQ ID NO:5, SEQ ID NO:6, SEQ ID NO:7 or SEQ ID NO:8.
- 14. The method of claim 10, wherein the TRANCE protein is human TRANCE protein.
- 15. The method of claim 9, wherein the TRANCE-increasing agent is a TRAF6 polypeptide.
- 16. The method of claim 15, wherein the TRAF6 polypeptide is a human TRAF6 polypeptide.
- 17. The method of claim 15, wherein the method comprises introducing a TRAF6 polypeptide into a chondrocyte at a site of excessive cartilage growth or excessive skeletal growth in the mammal.

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 18. The method of claim 17, wherein introducing the TRAF6 polypeptide into the chondrocyte comprises locally administering an expression vector comprising a nucleotide sequence encoding a TRAF6 polypeptide operably linked to an expression control sequence, whereby the expression vector enters the chondrocyte and expresses the TRAF6 polypeptide in the chondrocyte.

- 19. The method of claim 15, wherein: (a) the TRAF6 polypeptide is linked to a membrane translocation moiety to form a cell-permeating TRAF6, and (b) the cell-permeating TRAF6 is locally administered at a site of insufficient cartilage growth or insufficient skeletal growth in the mammal.
- 20. The method of claim 9, wherein the disorder is selected from the group consisting of acromegaly, gigantism, exostosis cartilaginea, exostosis bursata, and multiple osteocartilaginous exostoses.
- 21. A method of promoting growth of cartilage in a mammal, the method comprising: removing cartilage from a mammal; culturing the cartilage in vitro; contacting chondrocytes in the cartilage with a tumor necrosis factor-related activation induced cytokine (TRANCE)-inhibiting agent; and reintroducing the cartilage into the mammal.
- 22. The method of claim 20, wherein the TRANCE-inhibiting agent is a TRANCE antisense nucleic acid.
- 23. The method of claim 20, wherein the TRANCE-inhibiting agent is a TRAF6 antisense nucleic acid.
- 24. The method of claim 20, wherein the TRANCE-inhibiting agent is a TRANCE-binding molecule.
- 25. A method of diagnosing a cartilage disorder in a mammal, the method comprising

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obtaining a chondrocyte from the mammal;

detecting a level of tumor necrosis factor-related activation induced cytokine (TRANCE), receptor activator of NF-κB (RANK), or TNF-receptor-associated factor 6 (TRAF6) in the chondrocyte, wherein a level of TRANCE, RANK, or TRAF6 that is elevated or reduced compared to a normal level indicates the presence of a cartilage disorder in the mammal.

26. A method of identifying a candidate tumor necrosis factor-related activation induced cytokine (TRANCE)-inhibiting compound, the method comprising:

obtaining a cultured, proliferating test chondrocyte;

contacting the test chondrocyte with a test compound and a TRANCE polypeptide; and

detecting proliferation in the test chondrocyte compared to a control chondrocyte contacted with a TRANCE polypeptide unaccompanied by the test compound, whereby an increase in proliferation indicates that the test compound is a candidate TRANCE-inhibiting compound.

- 27. The method of claim 26, wherein the chondrocyte is selected from the group consisting of: a primary chondrocyte, a chondrocyte from a cultured chondrocyte cell line, a primary chondrocyte from a TRANCE null, transgenic non-human mammal, and a chondrocyte from a cultured chondrocyte cell line derived from a TRANCE null, transgenic non-human mammal.
- 28. A method of identifying a candidate tumor necrosis factor-related activation induced cytokine (TRANCE)-increasing compound, the method comprising:

obtaining a cultured, proliferating test chondrocyte;

contacting the test chondrocyte with a test compound and a TRANCE polypeptide; and

detecting proliferation in the test chondrocyte compared to a control chondrocyte contacted with a TRANCE polypeptide unaccompanied by the test compound, whereby a

decrease in proliferation indicates that the test compound is a candidate TRANCE-increasing compound.

29. The method of claim 28, wherein the chondrocyte is selected from the group consisting of: a primary chondrocyte, a chondrocyte from a cultured chondrocyte cell line, a primary chondrocyte from a TRANCE null, transgenic non-human mammal, and a chondrocyte from a cultured chondrocyte cell line derived from a TRANCE null, transgenic non-human mammal.